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[David D. Burns - Wikipedia](#)

David D. Burns (born September 19, 1942) is an adjunct professor emeritus in the Department of Psychiatry and Behavioral Sciences at the Stanford University School of Medicine and the author of the best-selling books *Feeling Good: The New Mood Therapy* and *The Feeling Good Handbook*.

[Amazon.com: David Burns: Books](#)

David D. Burns, M.D., a clinical psychiatrist, conveys his ideas with warmth, compassion, understanding, and humor unmatched by any other writer in the self-help field.

[Books by David Burns \(Author of Selenium 2 Testing Tools\)](#)

David Burns has 66 books on Goodreads with 594 ratings. David Burns's most popular book is *Selenium 2 Testing Tools: Beginner's Guide*.

[Feeling Good: Depressionen berwinden, Selbstachtung ...](#)

David Burns ist klinischer Psychiater. Zur Zeit ist er Professor für Psychiatrie und Verhaltenswissenschaften an der Stanford University School of Medicine, wo er sich aktiv der Forschung und Lehre widmet. Sein Bestseller "Feeling Good" ist allein in den Vereinigten Staaten über drei Millionen mal verkauft worden.

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David D. Burns is an adjunct professor emeritus in the Department of Psychiatry and Behavioral Sciences at the Stanford University School of Medicine and the author of the best-selling book *Feeling Good: The New Mood*

Therapy. Burns popularized cognitive behavioral therapy (CBT) when his book became a best seller during the 1980s.

#### **Books | Feeling Good**

David Burns, MD More Comments To read a moving testimonial to the power of these books to help people overcome depression, check out the link below where you can read one man's experience of healing and recovery.

#### **'Feeling Good' by Dr David Burns - Book Review**

My review of Dr. David Burns' book 'Feeling Good,' an excellent self-help book.

#### **David D. Burns - amazon.com**

David D. Burns, M.D., a clinical psychiatrist, conveys his ideas with warmth, compassion, understanding, and humor unmatched by any other writer in the self-help field.

#### **David Burns**

As a freshman computer science major at the University of Illinois, I stumbled upon a sidebar about Human Factors in my Psych 100 textbook. It changed my life.

**Feeling Good | The website of David D. Burns, MD You owe ...**

I am a therapist would came across dr. Burns book feeling good the new mood therapy back in the early 1980 s, long before I even thought about being a therapist. It changed my life. By the time I began practicing I had read the Hanbook. The handbook is a resource I require of all my clients. It reviews topics of mood, habits and relationships. However I find the feeling good new mood therapy